

# Fallon On The Go

Fallon County Recreation Department

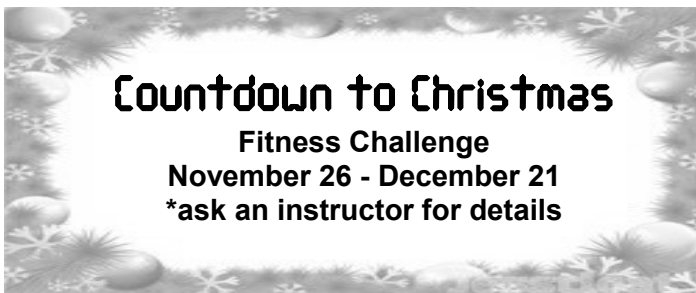


## Adult Fitness Classes

ONLY \$30 for UNLIMITED CLASSES THRU DECEMBER 21st!

Time	MON	TUES	WED	THURS	FRI
6:00am	Tabata		HIIT		Body Solid
8:30am	HIIT	Body Solid	Insanity®	Yoga+	Tabata
8:30am	AquaFit	AquaFit	AquaFit		
4:00pm	P90X®	Yoga+	Weight Training	Strength Training	
5:30pm		AquaFit		AquaFit	

*\*\*All classes are subject to change at instructor's discretion.\*\**



## Countdown to Christmas

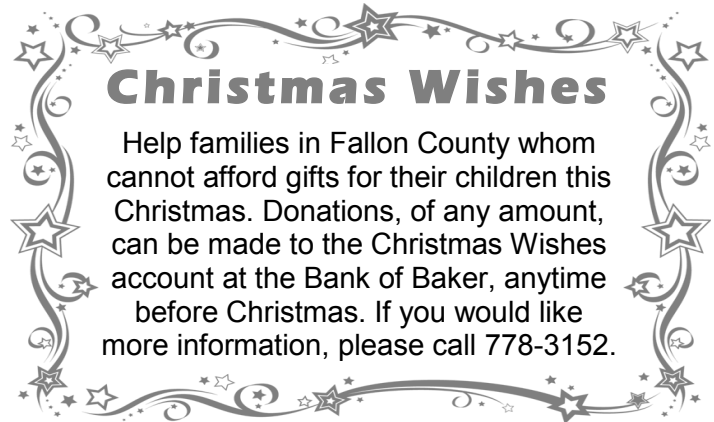
Fitness Challenge  
November 26 - December 21  
\*ask an instructor for details

## 2019 Fitness Classes

Classes start January 2nd

Cost:  
\$40.00 for Jan - May unlimited classes

Visit our website at [www.falloncounty.net](http://www.falloncounty.net) for our class schedule, rates and class descriptions!



## Christmas Wishes

Help families in Fallon County whom cannot afford gifts for their children this Christmas. Donations, of any amount, can be made to the Christmas Wishes account at the Bank of Baker, anytime before Christmas. If you would like more information, please call 778-3152.

## Baker Rec Center

### Holiday Membership Specials

November 26 - January 7

- Buy a 12 month membership & get 2 months free!
- Buy a 6 month membership & get 1 month free!
- Buy a 3 month membership & get a free water bottle!
- Refer a friend to get a membership or renew their expired membership and you both get 1 month free!



**Holiday Hustle**  
begins November 26th!  
Get signed up ASAP!

For more information on memberships, birthday parties, or the Holiday Hustle, please call Darby at the Rec Center 778-3210.

## Other Activities in & around Fallon County

- O'Fallon Community Choir Performances:** 6:00pm on Nov 26 at FMC Dining Rm & 7:00pm on Nov 29 at Superior Villa
- Marmarth Santa Claus Day:** 11:00am - 4:00pm on December 1st at Marmarth Community Center
- FMC Foundation's Fantasy Food Fair:** 7:00pm-10:00pm on December 1st at Fairgrounds Exhibit Hall
- O'Fallon Community Choir 40th Annual Christmas Concert:** 2:00pm on December 2nd at Lakeview Baptist Church
- Christmas Stroll:** Stores open until 7:00pm on December 6th
- Pictures w/Santa:** December 6th at Fire Station
- Festival of Trees:** Nov. 19 - Dec 6th: Taking bids until 6:00pm on December 6th at Thee Garage
- Friends of FMC Foundation - Free will Chili Feed:** 5:00 - 7:00pm on December 6th at Thee Garage
- Ladies Christmas Craft Night:** 6:00pm on December 7th at First Baptist Church
- Chamber Christmas Light Contest:** Judging on December 10th after 5:00pm
- Plevna School Christmas Program:** 7:00pm on December 13th at Plevna School
- BHS Music Dept. Christmas Concert:** 7:00pm on December 18th at Longfellow Gymnasium
- Baker Elementary Christmas Programs:** December 20 at Longfellow Gymnasium (K-2) 10:00am & (3-6) 6:30pm

**SAVE THE DATE!**  
**17th Annual**  
**BAKER JAM**

**Youth Basketball Tournament**



Saturday, March 30, 2019 (5th & 6th Grades)  
Sunday, March 31, 2019 (7th & 8th Grades)

**REFEREES & VOLUNTEERS NEEDED**  
to help us host this event as a fundraiser for  
our After School Program.

**Please call 778-3152 by January 5th**  
**with your commitment to help!**

Team Registration will not open until  
Volunteers have been confirmed.

**Basketball**  
**FUNDamentals**

**Ages:** Kindergarten - 4th Grade

**Date:** 3rd & 4th (Tues & Thurs, Jan 3 - 22)

Kindergarten (Tues & Thurs, Jan 24 - Feb 12)

1st & 2nd (Mon & Wed, Feb 19 - March 7)

**Time:** 4:00 - 5:00 pm

**Place:** Lincoln School Gym

**Cost:** \$25.00

**Min/Max:** 15/30 per age group



**PRE-REGISTRATION IS REQUIRED**  
**before December 28th to meet minimum**  
**participation. Classes may be merged to meet**  
**min/max requirements.**



Find us on  
**Facebook**

Our Facebook page is for informational use about  
programs, updates, reminders and events. If you  
cannot find what you need on Facebook or our web  
page at [www.falloncounty.net](http://www.falloncounty.net), please call the  
Recreation Department at 778-3152.

**CHECK US OUT ON THE WEB!**  
**[www.falloncounty.net](http://www.falloncounty.net)**  
Download sponsor forms, newsletters,  
calendars, registration forms, & more!!!

**All Youth Programs:**

Parents/Guardians must complete a form  
**before** your child will be allowed to participate!  
Print a form from [www.falloncounty.net](http://www.falloncounty.net) or fill one out  
on-site of the program or at the Rec Office.

**PRE-REGISTRATION IS REQUIRED:**

To ensure that the program will meet the minimum  
participation, you must bring in a completed registra-  
tion form, email, or call the FCRD office with partici-  
pant name, age/grade and return phone number.  
**These are the ONLY means of communication**  
**that will be accepted for program registration!**

If the minimum participant registration is not met by  
the required date, families will be contacted with the  
possibility of merging classes. If the minimum re-  
quirements are still not met, the program will be can-  
celled and registration fees will be reimbursed.

**Preschool Tumbling**

**Ages:** 3-5 year olds

**Date:** (Session I) Thursdays  
Jan 3 - Feb 7

(Session II) Fridays  
Jan 4 - Feb 8

**Time:** 10:15 am - 11:00 am

**Place:** Baker Rec Center

**Cost:** \$25.00/session

**Min/Max:** 10/16 per session



**PRE-REGISTRATION IS REQUIRED**  
**before December 28th to meet minimum**  
**participation. Classes may be merged to meet**  
**min/max requirements.**

**After School Program**

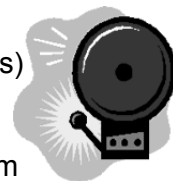
**Ages:** Kindergarten-6th Grade

**Dates:** School Days (no holiday releases)

**Time:** After school until 5:10pm

**Place:** Lincoln School Multipurpose Room

**Cost:** \$3.50/day (snacks billed w/lunch program)



**Registration forms are available at the After**  
**School Program and at [www.falloncounty.net](http://www.falloncounty.net)**